



## Activity sheet

### Hurt feelings and bodies cards

You fall over in the playground and cut your knee.

In a football game you are in goal. You let in a goal. Your team make fun of you.

Your best friend says "Don't throw the ball to her. She can't catch."

You want to take part in the Christmas play but you are chosen to hold up a star. You really want to say something during the play.

When running around the playground, you bump into someone and bump heads.

You fall off the slide at the park and hurt your elbow. It really hurts!



Your brother and sister get taken to the zoo for a special treat. You are left at home with grandma.

You are helping an older sister to put up a tent. Your sister is hitting a tent peg with a rubber hammer. You are holding the peg. Your sister accidentally misses the peg and hits your thumb.

You have a fight with your sister. She pinches you.

At football club, you are the last one left to be chosen for a team.

Your best friend says that he doesn't like you anymore and sits with someone else at lunch time.

At Sports Day, you fall over in a race, hurt your ankle and your team have a go at you.