



### **Oral Health Parent/Carer Information Session**

**You are invited to attend a free information session to help you gain more information about taking care of your children's teeth.**

**The topics that will be covered are:**

- **Tooth brushing tips**
- **Baby bottles and dummy advice**
- **Making healthy food choices for teeth**
- **Visiting the Dentist**
- **And lots more useful information**

**You will also have the chance to ask questions and useful links will be provided**

**All sessions will be held on Zoom. Please click on the below link, meeting ID and passcode to join for each session.**

**Wednesday 3<sup>rd</sup> February 2021**

**12.30pm – 1.15pm**

<https://us02web.zoom.us/j/86125486264?pwd=bDFUTWhvem4zSVIRN2FITmwzVmtHZz09>

Meeting ID: 861 2548 6264

Passcode: 5RE7km

**Monday 8<sup>th</sup> February 2021**

**9.30am-10.15am**

Join Zoom Meeting

<https://us02web.zoom.us/j/83353417186?pwd=aTRFMnp0V0RsdnpOMEdWd1RSaWVzQT09>

Meeting ID: 833 5341 7186

Passcode: Z16pp8

**Friday 26<sup>th</sup> February 2021**

**11.00am – 11.45am**

Join Zoom Meeting

<https://us02web.zoom.us/j/81330989334?pwd=cFkrenBpUEFpY1RIRlI0Q3dhS05Rdz09>

Meeting ID: 813 3098 9334

Passcode: G26iqP

**For further information please contact the Community Dental Service, Hillingdon, Oral Health Promotion Team**

**Sally McGregor - [sallymcgregor1@nhs.net](mailto:sallymcgregor1@nhs.net)**